

Required Lab Work: Male

- **CBC**
- **CMP**
- **Cortisol**
- **DHEA**
- **Estradiol**
- **Homocysteine**
- **IGF-1**
- **LH & FSH**
- **Lipid Panel**
- **PSA**
- **SHBG**
- **Testosterone Free & Total**
- **Vitamin-D 25**
- **Thyroid Panel: TSH, Free T3, Free and Total T4, TSH**

Required Lab Work: Female

- **Beta HCG**
- **CBC**
- **CMP**
- **Cortisol**
- **DHEA-S**
- **Estrogen Panel (E1, E2, E3)**
- **FSH & LH**
- **Homocysteine**
- **IGF-1**
- **Lipid Panel**
- **Progesterone**
- **SHGB**
- **Testosterone Free & Total**
- **Vitamin-D 25**
- **Thyroid Panel: TSH, Free T3, Free and Total T4, TSH**